



SIERRA MADRE NEWS



PUBLISHED WEEKLY

SIERRA MADRE, LOS ANGELES COUNTY, CALIFORNIA, FRIDAY, JULY 12, 1918

VOL. XII, NO. 41

BALLOON SCHOOL IS VERY BUSY PLACE

Nearly 100 books for the soldiers at the Balloon School were delivered at the Y. M. C. A. hut Monday night by Mr. and Mrs. D. C. Ashmore and Mr. and Mrs. George B. Morgridge. The books had been brought to the News office by a large number of persons in response to an appeal published two weeks ago.

Secretary Stewart who is in charge of the "Y" work on the grounds expressed keen appreciation for the addition to the camp library, which is used by a large number of the boys.

With more than 1,000 men already at the camp and more arriving every week, the need for still more books is apparent. Further contributions may be brought to the News office and they will be delivered at camp.

Songs with Pep

At the Y. M. C. A. hut an entertainment was in progress Monday night and Secretary Stewart invited the visitors to remain and hear it. It was worth a long trip. There were musical numbers and a play put on by Pasadena talent.

Singing by the crowd of perhaps 500 soldiers was the real feature. It was a demonstration in part of what is being done to make the American soldiers into a great singing army.

There was a man in charge who has been doing similar instruction work at various cantonments. And for the ability to get his crowd to singing he would have Homer Rodeheaver backed off the boards and subsiding into a whisper for help. He used no instrument nor accompaniment, going at it in the old fashioned singing school method of "lining" the songs to the boys and having them learn them a line at a time. Starting with an unfamiliar song, they would soon be shouting it at the top of their lusty voices. As he jollied the boys along he would incidentally get the crowd to put a wonderful amount of expression into the singing. But for pep and punch, you never heard anything to beat the way that bunch sang "Over There."

Bath House Ready

"The Old Swimmin' Hole" did not hold more fascination for any boy than the big plunge which has been put into shape for the soldiers. The bath house is nearly completed, but the boys are already making good use of the plunge, which feels mighty good after a hot day of field work.

Lieut. Clark of the 66th Balloon Company is athletic officer for the camp. He has had the big plunge marked off for the regulation spaces for aquatic races and is of the opinion that water sports will be the most popular form of amusement for the boys.

While the men are swimming in the reservoir, qualified life guards taken from among the soldiers will be on duty. Three men will be detailed at a time, and each must pass tests after taking a course in life-saving, before he will be detailed to this duty.

Organizing a Band

The camp band now being organized will be a great feature of camp life. The Pasadena Elks band has donated the use of their club house and instruments for practice until the regular equipment is received.

Targets in Use

With the number of balloons in the air increasing almost

WARNING TO CARELESS LIBRARY PATRONS

Library patrons are warned against the practice of leaving books outside the door or dropping them through the mail slot in the door. A borrowed book is not considered returned until it is placed in the hands of the librarian during the library hours which are from 1:30 to 5:30 and from 7 to 9 p.m.

When books are left outside the door there is danger of loss by theft. When dropped through the mail slot they are liable to damage. In either case the person who borrowed the book will be held responsible.

FARMERETTES LEAVE FOR OJAI VALLEY

In a gaily decorated truck provided by G. L. Kelley of the Sierra Ice Company, Sierra Madre's farmerette's left for Ojai, Ventura County, early today. They were taken as far as Los Angeles in the truck, where the unit of which they will be members assembled. From there they were taken to Ojai, their assignment to the factory at Elsinore having been changed. In the party leaving Sierra Madre this morning were Misses Bertha Carson, Minnie Gardner, Yerda Appleby, Helen Sadler, Helen Williams and Nina Kellogg.

every day, regular observation training is now well under way. Targets have been established at various distances from three to fifteen miles away. These are used in training for the calculation of distances and direction.

The nearest targets are near the junction of the Foothill Boulevard and Villa Road. They are just big white lattice work arrangements, set up at an angle facing the balloon school, and have caused not a little wonder on the part of persons driving by.

COL. HOLABIRD NAMED FOOD ADMINISTRATOR

U. S. Food Administration Appoints Him as its Official Representative

Col. W. H. Holabird has been appointed food administrator in Sierra Madre by the United States Food Administration. He says the appointment came as a surprise and entirely unsought. His most important function is to assist the dealers in observation of the food regulations, but he will also co-operate in the educational work with the public and be prepared to handle violations of the regulations by individuals.

Must Save Sugar

Col. Holabird calls particular attention to the need for saving sugar in every possible way. The limit of three pounds per person per month should be regarded as a maximum and patriotic persons will cut their consumption as much below the maximum as possible.

NEW JEWELRY STORE ABOUT TO OPEN

Frank Fraiberg has his new jewelry store about ready for business, having put in his furniture this week. He occupies the room formerly used by E. V. Wilson, but has had it altered somewhat and the entire interior finished in white enamel. A big safe, show cases, jeweler's work bench and display window afford all that is necessary for housing the stock.

Mr. Fraiberg has had many years of experience as a retail and manufacturing jeweler in Cleveland, Ohio. He proposes to carry a small stock of goods and to make a sincere effort to furnish what people desire. While he has not been actively engaged in business for a number of years he has done repair work at his home and has had so many calls for his services as to feel justified in venturing again into business in Sierra Madre.

WHEAT SAVING MUST BE CONTINUED

Publication of a report in a Los Angeles paper that the rules for conserving wheat might be made less stringent or that the wheatless days and meals might be abandoned are erroneous and unfounded, according to local representatives of the Food Administration. No such change is authorized.

While there is a bumper crop in prospect, reserves are so low that the scarcity is as acute as ever and every particle that can be conserved for shipment to Europe must be saved.

REV. C. C. WILSON IS ILL AT HOSPITAL

Rev. C. C. Wilson of the Congregational Church is seriously ill at the Good Samaritan Hospital in Los Angeles, suffering with an ulcerated stomach. He preached as usual on Sunday morning but was taken ill in the evening and could not fill the pulpit. On Monday he rejoined his family at Huntington Beach. Failing to get relief by Wednesday, a physician was consulted and he was sent to the hospital for treatment. It is hoped an operation may be avoided.

CONGREGATIONAL CHURCH

A Community Church
Charles C. Wilson, Minister
9:45—Church School, Newman Essick, Superintendent.

11:00—Morning worship and sermon by Rev. R. M. Webster. Mrs. D. C. Ashmore will sing a solo.

No evening service, because of illness of the pastor. For the same reason the plan to entertain a group of soldiers from the balloon school had to be put off till later.

Mr. and Mrs. E. L. Yerxa and daughter Virginia spent the week end at Venice.

SEWAGE DISPOSAL AND PURITY OF WATER

Trustees Consider Dangers to Public Health In the Mountains

Last night's meeting of the city trustees was like an echo of some of the meetings held five or six years ago when the canyon sewage problem was before the trustees. Some of the old menaces to the purity of our water supply and to the public health have been re-discovered.

It will be interesting to see what results can be secured this time. A start has already been made in the right direction.

That Water Report

The matter came up through Trustee Holabird's pondering the state board of health report of "objectionable contamination" in the water coming from the Quarter-way in the Little Santa Anita. That did not sound good concerning any water system with which he had to do.

A few days ago he sent Marshal Udell up to inspect the condition of the canyon above the intake. Mr. Udell reported at the beginning of last night's meeting.

Evidence of pollution by picnickers, quantities of refuse in the open stream at various places, an open stream crossing on the trail above the Half-way house, where animals and pedestrians pollute the water, and a cesspool at the Half-way in close proximity to the stream were reported.

Col. Holabird said upon hearing the report he had instructed the marshal to see that the cesspool menace was abated at once, and Mr. Udell reported the resort proprietor had agreed to close it and to provide another at a sufficient distance from the stream a sto be free from all danger to the water.

It was proposed to bridge the stream and fence the trail so as to make the stream bed inaccessible to picnickers and to persons and animals going over the trail.

The question of further steps to be taken to ensure purity of the water supply was referred to the water committee and Col. Holabird said he wished all the trustees to participate in the session which was set for next Monday as a closed session.

Canyon Park Problem

Captain Osgood read to the trustees a communication from the board of health calling attention to the increasing menace of cesspools in the Canyon Park tract, there being now 126 or more. These are located in the direct line of the underground stream flowing from the mouth of Little Santa Anita canyon to the city wells on East Central Avenue.

There was a general discussion participated in by Trustees Saunders, Webster and Mitchell as well as by C. J. Pegler and L. E. Steinberger. It was agreed that while this presented a real problem which must be considered, it does not constitute the immediate menace of conditions in the upper part of the canyon do right now. This phase of the problem was also referred to the water committee. Reference was made to the investigation of Prof. C. G. Hyde representing the state board of health, and to the plans for a sewage disposal plant drawn by former Engineer Bixby. These will be considered with the other phases of the water and sewage disposal problem by the committee.

GAS RATES CUT FOR THE SMALL CONSUMER

Gas rates for the average consumer will be considerably lower in Sierra Madre as a result of the new schedule authorized by the State Railroad Commission for the Southern Counties Gas Company.

The rate is reduced from \$1.25 to \$1.00 for the first 1,000 cubic feet. Smaller reductions are effected as the consumption increases. The minimum charge remains at \$1.00 per month.

This District Lucky

In some districts the rates were revised upward. The hearing was held by the commission on application of the company for a general revision and equalization of its rates.

The new schedule is reported by District Manager Jones to be as follows:

New Schedule

First 1,000 cu. ft. at \$1.00
Next 4,000 cu. ft. at .80
Next 15,000 cu. ft. at .60
Next 30,000 cu. ft. at .50
Next 50,000 cu. ft. at .40
Over 100,000 cu. ft. at .35

The above schedules work out on the following basis:

Cu. Ft.	Total Cost	Avg. Rt. Per M.
Used 1,000	\$ 1.00	\$1.00
2,000	1.80	.90
3,000	2.60	.87
4,000	3.40	.85
5,000	4.20	.84
10,000	6.20	.62
15,000	9.20	.61
20,000	12.20	.61
25,000	14.70	.59
50,000	28.20	.56
75,000	38.20	.51
100,000	48.20	.48
150,000	65.70	.44
200,000	83.20	.41

Old Schedule

For comparative purposes the old schedule is also given here:

First 1,000 cu. ft. at \$1.25
Next 1,000 cu. ft. at 1.10
Next 3,000 cu. ft. at .90
Next 15,000 cu. ft. at .70
Next 30,000 cu. ft. at .50
All over 50,000 cu. ft. at .40

The old schedules worked out as follows:

Cu. Ft.	Total Cost	Avg. Rt. Per M.
Used 1,000	\$ 1.25	\$1.25
2,000	2.25	1.12
3,000	3.05	1.02
4,000	3.85	.96
5,000	4.65	.93
10,000	7.65	.76
25,000	15.65	.62
50,000	25.65	.51
200,000	70.60	.35

It will be seen that all consumers using 25,000 cu. ft., or less per month will receive reduced rates, while the very large consumers will have to pay somewhat higher rates.

The case presented a very complicated problem for the commission to solve. The company serves territory all the way from Santa Monica to Santa Ana and Pomona, and from the sea to the mountains. Some districts are near and some are far from the natural gas fields.

Manager Jones expects a very large increase in the business of the company in this district by reason of the lower rates for gas and the high cost of other fuels.

In the original hearings before the commission Sierra Madre was represented by H. M. Ham, Jr.

Dr. and Mrs. George H. Cornell have returned to Sierra Madre for a stay of two months, and will occupy the Davis home on East Grand View.

California Faces Sugar Famine Individual Saving Will Avert It

SUGAR MUST BE SAVED!

A teaspoonful means nothing you say. Yet a teaspoonful saved each meal for 120 days for each of the 100,000,000 persons in the United States makes a pile as big as the Washington building enough to supply the entire armed forces of the nation.



TAKE THIS OFF THE TABLE

All sugar purchased for canning will be carefully checked and if it is found that any individual has purchased what appears to be an excessive supply he will be called upon to show the goods canned and his, or her, failure to produce the canned goods will result in prosecution.

The sugar situation is serious and every ounce saved is of vital importance. Every person in California should constitute himself or herself a saver of sugar.

Manufacturers, grocers, restaurants and bakers have been allotted definite amounts and those who exceed their quotas will be forced to do without sugar for the balance of the allotment period.

The food administration announces that the seriousness of the sugar situation is such that hoarding in the households and elsewhere will be met with prompt and drastic punishment. A corps of federal inspectors have been assigned to the work of checking up individual purchases. Those found guilty are liable to a fine of \$5000 or two years' imprisonment, or both, under the food control bill. Their names will also be made public.

The needs for strict conservation of sugar are as imperative for the present as the necessity of wheat saving, and because of the loyal co-operation of the public in conserving wheat the food administration believes that, with the public understanding the situation, observance of the new regulations restricting consumption to three pounds per person a month as a maximum, will be uniform and that patriotism will prevent hoarding any undue amounts of the commodity. Every effort will be directed toward insuring equitable distribution of the limited supplies to all.

In response to a widespread request of hotel and restaurant men for the abolition of the sugar bowl from the tables of public eating places, the food administration has arranged for a meeting with those involved for consideration of the advisability of such a step. Many dining places have already eliminated the sugar bowl and are serving individual limited portions in envelopes, which has resulted in a big saving.

Sale of sugar for home canning and preserving will be strictly supervised under the new regulations, but it is believed that sufficient sugar will be available to prevent any loss of fruit or berries.

U. S. Food Administration Urges Every Patriotic Person to Cut Down the Consumption of Sugar That Serious Condition May Be Avoided

Nothing short of rigid economy in the use of sugar in the homes will prevent exhaustion of California's supply before August 1. California's sugar ration for July for all purposes is approximately 12,000,000 pounds less than normal.

Housewives are warned that it is highly unpatriotic as well as a violation of the law punishable by fine and imprisonment to have on hand a supply of sugar in excess of three pounds for each member of the household. For instance, if there are four in the family the maximum supply would be 12 pounds or the allowance for 30 days. This, however, does not include sugar designed for canning. For the latter purpose 25 pounds may be secured at a time by signing a certificate in which the purchaser agrees to use the sugar for canning purposes. Not more than this amount should be in any household at any one time except by special permission of the local administration.

All sugar purchased for canning will be carefully checked and if it is found that any individual has purchased what appears to be an excessive supply he will be called upon to show the goods canned and his, or her, failure to produce the canned goods will result in prosecution.

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PROFESSIONAL CARDS

LLOYD L. KREBS, M.D.
Sierra Madre Office, 4 N. Baldwin
Tues., Thurs., Sat.,—11 to 12:30
Telephone Main 60
Pasadena Office, Dodworth Bldg.
Colorado and Fair Oaks
Hours 2 to 4 Telephone FO 353
Residence 72 W. Alegria Main 111

GEORGE W. GROTH
Physician and Surgeon
Osteopath
Blue 144 N. Baldwin

MARCIA A. PATRICK, M.D.
Tues. and Fri., 10-11 A.M.
Office 138 W. Central Ave.
Phone Blue 35
(Office of Dr. Mackerras)

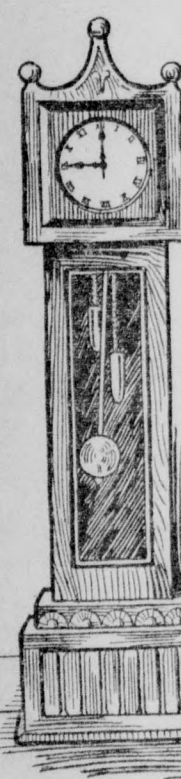
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All kinds of stock and poultry
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Phone Red 134 before 7 a.m. or after 5 p.m. 200 Grove St.

GET THE HABIT: If there is anything you want to buy or sell try a News liner.

LOCAL CLEANINGS

Sgt. Barney Kaller of the Balloon School, with his wife, has taken a cottage at 171 East Montecito.

Mrs. McKenzie of Great Falls, Mont., and Mrs. Earl Gleason of Los Angeles were guests of Mrs. A. N. Adams Wednesday.

Mrs. F. J. Hart and sons, Harold and Karl, returned the first of the week from a week's outing at Big Bear Lake.

Mrs. Louisa Clouse, daughter Elsa, and granddaughter, Katherine Archer, will leave tomorrow for Los Angeles where they will reside.

E. W. Patton and family have moved to Los Angeles. Mr. Patton's work as P. E. conductor making it necessary for him to reside there.

Mrs. Angeline Collins and daughter, Mrs. Nina Allerton, together with Mr. and Mrs. Ed PerLee are moving from 193 W. Central Ave., to Los Angeles.

Mrs. Sue E. Davis, Mrs. Mary Davis Goodfellow have gone to Venice for a month's outing. Before returning to Sierra Madre they will make a month's trip to Chicago.

Miss Edith Blumer and Miss Flora Vannier will entertain the Modern Priscillas with a picnic luncheon at the Vannier home, at 12:30, Tuesday, July 16. All members who will be unable to be present are requested to notify the hostesses.

Mrs. Racena Seeley Mace, formerly a resident of this city, passed away at Artesia on Wednesday at the age of 91 years. She was the mother of Dr. Abby J. Mace-Betts with whom she resided here, and was a sister of Frank B. Seeley of Sierra Madre. Funeral services were held today and the burial was at Long Beach.

The annual picnic of the "Down and Outs" of the Sierra Madre Woman's Club took place at the home of Mrs. F. J. Hart on Wednesday. About twenty-five members participated and

enjoyed a very delicious lunch. The election of officers for the coming year resulted in the choice of Mrs. W.E. Farman as president, Mrs. L. E. Steinberger as secretary and Mrs. Louis Dietz as treasurer.

Mr. and Mrs. Charles F. Gray and Miss Avis Preston, accompanied by "Shorty," left last Saturday for a motor trip to the Owens Valley. They will camp at various places along the east side of the high Sierras, going as far north as Mono County.

C. W. Brunson is mourning the loss of his father who passed away last Friday at Sawtelle at the age of 80 years. He was a member of Co. B, 7th Missouri Cavalry. Funeral services were held on Monday. Two daughters are also left, Mrs. L. Motter of Long Beach and Mrs. J. M. Shively of Kimberly, Idaho.

Under the leadership of Bryant Essick, fifteen Sierra Madre Boy Scouts left last Saturday morning for Kamp Kolo where they joined about forty more in charge of a group of experienced scoutmasters. They are enjoying a wonderful week's outing and at the same time absorbing a great deal of advanced Scout lore. Kamp Kolo is near the head of the West Fork on the north side of Mt. Lowe.

So many friends remembered the 80th birthday anniversary of Miss Julia Nichols that the day was like a continuous informal reception. In addition to the many people who called in person to pay their respects to their revered friend, numerous messages of congratulation came from absent friends. In the evening Mrs. Ferry arranged an informal dinner party. Miss Nichols goes tomorrow to spend a week in Pasadena with her grand niece, Mrs. Myron Hunt.

CHURCH OF THE ASCENSION

Rector, Rev. F. W. Goodman.
Services for Sunday next:
7:30 A.M.—Celebration of the Holy Communion.
9:45 A.M.—Sunday School in Guild rooms.
10:00 A.M.—Rector's Bible Class in the Church.
11:00 A.M.—Morning service and sermon.

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So we sell Firestones—a complete line of Tires, Tubes and Accessories—in order that you may get that service in the highest degree at lowest cost.

Come in and let us prove it.

SIERRA MADRE GARAGE

PHONE, MAIN 110 MILTON STEINBERGER, Prop.

MICKIE SAYS

YEP, THEY'VE SCADS OF GOOD FELLERS AROUND THIS HERE TOWN, BUT THE BEST OF 'EM ARE THE FELLERS WHO BRING IN THEIR COPY AN' ADS EARLY SO WE AIN'T RUSHED TO DEATH GITTIN' OUT THE PAPER ON TIME! NO?

YOU SAID SOMETHING, MICKIE!

FOOD DEMONSTRATION
NEXT WEDNESDAY

Government Agent Will Come Here for Conference With Housewives

Mrs. Jessica Hazzard, United States Home Demonstration, is to spend next Wednesday, July 17, in Sierra Madre. An all-day session will be held in the club house, beginning at 9:45 a.m.

Full opportunity will be given for acquiring information on all phases of the home food problem under war regulations. For those remaining over from the morning until the afternoon session lunch will be provided. The use of flour substitutes and all the other things that the housewife has to contend with will be taken up. It is an opportunity which none can afford to miss. The charge for the lunch will be 20 cents.

Canning and preserving methods are among the things to be taken up during the day.

NEW FIRESTONES

VERY POPULAR

"The new Firestones of which we are distributors in Sierra Madre and surrounding territory," says, Milton Steinberger of the Sierra Madre Garage, "are proving to be very popular. The first ply of fabric, in the Fabric tire, next to the tube, is of durable Sea Island cotton, being the only popular priced tire containing this kind of cotton. They easily show the merits of durability, toughness and their ability to stand stone bruises. The balance of the carcass is made up of strong, long staple cotton, thick cushion stock, a strong breaker strip, and a tread that grips the road at every angle."

"The Firestone Cord has proven that a tire can be built strong enough to wear down to the cords and yet be re-treaded as many as two or three times, saving the motorist many dollars. An out of town customer said to me a short time ago: 'The set of Firestones you sold me for my Studebaker have now travelled almost 9,000 miles and yet show very little wear and I believe they are good for 6,000 more at least before it will be necessary to re-tread.' This we want to be an everyday occurrence," said Mr. Steinberger, "and my business is to see that every customer gets the most miles per dollar out of each tire I sell them. I can conscientiously recommend the new Firestones."

Your Suit!

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Reasonable Prices—Satisfaction Guaranteed—A Trial Will Convince You.

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NORRIS' CASH STORE

Reduce the High Cost of Living—

Buy Oleomargarine and save a third on your Butter bill, the lb36

Use Flour Substitutes and Help Win the War—

Oat Flour, the lb10
Corn Flour, the lb09
Barley Flour, the lb09
Rice Flour, the lb15
Biscake Flour, the 5-lb sack45

SPECIALS FOR SATURDAY ONLY

1 lb Best Creamery Butter56
1 Can Pink Salmon14
1 pkg. Lux12
1 lb National Cocoa23
2 lb Arm & Hammer Baking Soda15
2 Rolls Crepe Toilet Paper15

FRESH and SMOKED MEAT at SAVING-PRICES
TRY OUR SWEET PICKLE CORN BEEF—IT'S DELICIOUS.

FRESH FRUITS — FRESH VEGETABLES

AUTO DELIVERY

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F. H. HARTMAN, Prop.

Agents for Cristopher's Ice Cream

PHONE BLACK 25. PROMPT DELIVERY

ANDREWS & HAWKS

Real Estate, Loans and Insurance

Exchange 21

27 North Baldwin Avenue

THE BETHANY CHURCH

W. H. Rawlings, Pastor
9:45—Sunday School.
11:00—Church Service.
6:00—Christian Endeavor.
7:30—Gospel Service.
7:30 p.m., Thursday, prayer meeting. All are welcome.

Monday, 2 p.m., Woman's Bible class, home of Mrs. Downs, Victoria Lane, in charge of Miss Stone of the Bible Institute, Los Angeles.

Last Sunday Dr. Rawlings welcomed five new members into the fellowship of Bethany

MISS MELANIE PATZER
McBrady's Toilet Preparations
Shampooing and Manicuring
by Appointment
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church. During the months of July and August he will be away on his vacation and the pulpit will be ably filled by Mr. C. Hammel who is the senior graduate student of the Bible Institute and comes highly recommended.

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OIL

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A New Perfection Oil Cook Stove takes all the drudgery out of cooking. Lights at the touch of a match and heats in a jiffy. Bakes, broils, roasts, toasts,—all the year round.

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UNITED STATES WAR SAVINGS STAMPS

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M. D. WELSHER

FOR GROCERIES

MAIN 6

WATCH FOR IMPORTANT
ANNOUNCEMENT
NEXT WEEK

Central Market

MAIN 97

I have procured the services of Mr.
Charles E. Davis, formerly with
The Producers' Market in Los An-
geles, and a first class butcher.

Come in and tell him of your
wants in Fresh, Smoked and Salt
meat.

We close Thursdays at noon during July, Aug-
ust and September.

J. O. HAYES WILL SPEAK HERE NEXT MONDAY

J. O. Hayes of San Jose, can-
didate for the Republican nom-
ination for governor, will visit
Sierra Madre next Monday in
the course of an auto tour of
this section. He will speak from
his auto in front of the City hall
at 1:30 p.m.

OFFICIAL FOOD NEWS

Issued by
U. S. Food Administration
for California
RALPH P. MERRITT, Commissioner

Don't be slave to habit. If you are,
you are tied hand and foot to a worse
tyrant than the kaiser. Take a mo-
ment for retrospection and see if you
are thoughtlessly doing things over
and over again just because you are
in the habit of doing them.

Take eating wheat, for instance. It
is habit, nothing more or less, that
keeps some of us from going without
wheat. We have become accustomed
to regard this cereal as a more or less
indispensable article of diet.

But it isn't.

Wheat is a luxury—absolutely noth-
ing else. Dietitians who have studied
the matter thoroughly tell us over
and over again that wheat possesses
no nutritional qualities for man or
beast superior to those of oats, corn,
rice. It has neither more nor better
protein. It has neither more nor bet-
ter fat. It has no better mineral salts
or mineral salts in larger amounts.
Neither has it more or better fuel
value.

"Wheat is just one of the cereals,"
declares a famous food expert, "and
there isn't the slightest evidence that
it is the best one, because so far as
comparative tests are concerned in
animals, it isn't the best one."

Why, then, do we still cling to
wheat, even when we know that ev-
ery pound of it is needed abroad to
help us win a victory in this war?

It is a habit. We are accustomed to
having wheat bread. We are accus-
tomed to using wheat flour freely in
cooking. We have somehow grown
to believe that wheat is one of the
necessaries of life, or at least an in-
dispensable mark of breeding and re-
finement.

A few years ago, many a housewife
probably would have apologized if un-
expected guests at dinner had found
one of the darker, coarser breads on
her table instead of wheat bread. To-
day, however, she must blush for
shame if guests do not always find
wheatless bread or potatoes or rice
used in place of any bread on her
table. Otherwise, they will brand
her as a slave to habit—the wheat
habit.

While American manhood is fight-
ing and dying so that the people of
America may remain free and inde-
pendent, she admittedly isn't strong
enough to shake herself free and in-
dependent from a mere habit of cook-
ing and eating.

Shall any American woman let this
be said of her?

WHEATLESS RECIPES

COMBINATION MUFFINS

Method of Mixing—

Add to the cup of milk, the melted
fat, sirup and slightly beaten egg.
Stir the salt, baking powder and flour
together. Use a coarse sieve so that
no part of the flour is wasted. Com-
bine the two mixtures, stirring light-
ly without beating. Bake in a hot
oven for 20 to 30 minutes, depend-
ing upon the size of the muffins.

Ground Rolled Oats—Corn Flour.

- 1 cup liquid
- 1 tablespoon fat
- 2 tablespoons sirup
- 2 eggs (or 1)
- 4 teaspoons baking powder
- 1 teaspoon salt
- ¾ cup ground rolled oats
- 1 cup corn flour

The Ladies' Aid Society of
the Congregational Church will
serve a chicken pie supper Fri-
day evening, July 19, at thirty-
five cents a plate.

News Liners

WANTED, by Japanese, day
work, garden work, house work
or ranch work, 8 hours for \$2.50.
Phone Black 29. 50*

WANTED: Woman to assist
with housework mornings, also
laundress. 395 W. Mariposa. *

WANTED: Sewing, repair work
of all kinds. Children's sewing
a specialty. Phone Black 123,
mornings or evenings. 41*

FOR RENT: Furnished house,
3 rooms, bath, 3 screen sleeping
rooms, fine porches, hot and
cold water. \$21 month includ-
ing water. Call at 188 Auburn
Ave., or agents. 41tf

Sierra Madre

At the Foot of Mt. Wilson in Southern California

SOME OF THE THINGS THAT HELP MAKE LIFE WORTH LIVING IN SIERRA MADRE.

Population (estimated) 1700.
Area of city four square miles.
High grade natural gas service.
Electricity for light and power.
A paradise for the nature lover.
Beautiful homes in great variety.
5-cent fare to Pasadena high school.
Thirteen miles of tamped oil paving.
Minimum fogs, frost, wind and mud.
Universal express and telegraph service.
Third class post office, free mail delivery.
Community band, free open air concerts.
Matchless views of mountains and valley.
Beautiful settings for many more homes.
Elevation 800 to 1400 feet above sea level.
Free municipal library with fine book list.
Well established and well housed churches.
Average annual rainfall more than 25 inches.
Bank, newspaper and modern business houses.
Board of Trade at work for better community.
Telephone exchange connects with all systems.
Pure and abundant water supply, municipal system.
Fine school facilities, from kindergarten to highschool.
Fine soil and climatic conditions for fruit and flowers.
Clubs and fraternal organizations for men and women.
Fine soil and climatic conditions for fruit and flowers.
the most interesting portion of the forest reserve.
At the foot of Mt. Wilson Trail, leading to the Carnegie
Solar Observatory, greatest in the world.
Two miles from and overlooking the Arcadia Army Bal-
loon School.

TO REACH SIERRA MADRE

By Trolley—Take Sierra Madre cars leaving hourly
at Pacific Electric station, Sixth and Main, Los Angeles.
The scenic ride is the most beautiful on the P. E. system.
From Pasadena, take Lamanda Park car and change at
Lamanda Park Junction.

By Auto—From Los Angeles, take North Broadway
or Mission Road to Huntington Drive, follow as far as
Lamanda Park Junction, east on Colorado Street to Santa
Anita, north to Foothill Boulevard, east to Sierra Madre
Avenue, north to Central Avenue, Sierra Madre.

IDEAL HOME COMMUNITY

Sierra Madre's peculiar charm has been felt and
praised by nearly everyone who ever visited or lived here.
Many factors combine to make the charm potent—the
sense of exaltation in life on the heights; the inspiring
views; the invigorating air, kept pure by currents moving
continually up and down the foothill slope; the feeling of
intimacy with the nearby mountains; the ease with which
a love for outdoor life and recreation is gratified; the
great variety of available homesites; the conveniences
of the city with all the joys of life in the country.

It is as a home community that Sierra Madre claims
pre-eminence. Here you can have a small house and lot,
a larger place with fruit and a garden plot, or acres with
an orchard. Everything grows well here and Sierra Ma-
dre has suffered less from frost than any other commu-
nity in the citrus region.

No community has a higher type of citizenship.
Socially and morally Sierra Madre ranks high. There is
a cosmopolitan population recruited from all over the
world, a fact of keen interest to many people.

"Over the top" a community habit in patriotic efforts.

Pioneer Red Cross chapter which won silver cup in na-
tional membership contest.

COME AND SEE SIERRA MADRE FOR YOURSELF

The American Creed

I BELIEVE in the United States of America, as a government of the people, by the people, for the people, whose just powers are derived from the consent of the governed; a democracy in a republic, a sovereign Nation of many sovereign States; a perfect Union, one and inseparable, established upon those principles of freedom, equality, justice and humanity for which American patriots sacrificed their lives and fortunes.

I therefore believe it is my duty to my country to love it; to support its Constitution; to obey its laws; to respect its flag; and to defend it against all enemies.

The News has once or twice before printed this official version of "The American's Creed." It is a striking statement of patriotic sentiment and many readers have wondered as to its source.

The idea of laying special emphasis upon the duties and obligations of citizenship in the form of a national creed originated with Henry S. Chapin. In 1916-1917 a contest, open to all Americans, was inaugurated in the press throughout the country, "to secure the best summary of the political faith of America."

The contest was informally approved by the President of the United States. The artists and authors of the Vigilantes especially, and representatives of other patriotic societies supported it; the city of Baltimore, as the birthplace of the Star-Spangled Banner, offered a prize of \$1000, which was accepted and the following committee on award was appointed: Matthew Page Andrews, Irvin S. Cobb, Hamlin Garland, Ellen Glasgow, Julian Street, Booth Tarkington, and Charles Hanson Towne.

The winner of the contest and author of the creed selected proved to be William Tyler Page of Friendship Heights, Maryland, a descendant of President Tyler and also of Carter Braxton, one of the signers of the Declaration of Independence.

From Many Sources

The complete proceedings in regard to the official acceptance of "The American's Creed" may be found in the Congressional Record of April 13, 1918, from which is taken this explanation of the doctrinal origin of the Creed:

"The United States of America"—Preamble to the Constitution of the United States.

"A government of the people, by the people, for the people"—Preamble to Constitution; Webster's speech in the senate, Jan. 26, 1830; Lincoln's Gettysburg address.

"Whose just powers are derived from the consent of the governed"—Jefferson, in Declaration of Independence.

"A democracy in a republic"—Madison in The Federalist, No. 10; Article X of Amendments to Constitution.

"A sovereign Nation of many sovereign States"—"E Pluribus Unum," great seal of the United States; Article IV of the Constitution.

"A perfect Union"—Preamble to Constitution.

"One and inseparable"—Webster, Jan. 26, 1830.

"Established upon those principles of freedom, equality, justice and humanity for which American patriots sacrificed their lives and fortunes"—Declaration of Independence.

"I therefore believe it is my duty to my country to love it"—In substance from Edward Everett Hale's "The Man Without A Country."

"To support its Constitution"—Oath of allegiance, Section 1757, Revised Statutes.

"To obey its laws"—Washington's Farewell Address; Article VI, Constitution.

"To respect its flag"—National Anthem; Army and Navy Regulations; War Department circular on Flag Etiquette, April 14, 1917.

"And to defend it against all enemies"—Oath of Allegiance to United States.

WINS A BRIDE; GOING INTO ARMY

Friends of Harold Costello, son of Mrs. Cora Costello of West Highland Ave., will be interested to learn of his marriage which took place on July 2 at Wasco, Kern County, the bride being Miss Oneta Buckley of that place. Mr. Costello expects to enter the army in August.



FROM YOUR UNDERWEAR to your collar, we use infinite pains in every branch of our

LAUNDRY WORK

We not only please men, but women's and children's fine lingerie can be entrusted to us without fear of any unsatisfactory results.

MONROVIA LAUNDRY COMPANY
Monrovia, California.
Sierra Madre Phone Green 85

From the Wasco News the following account of the wedding is reprinted:

The wedding of Harold L. Costello and Miss Oneta Buckley was solemnized at the home of the bride's father, A. J. Buckley, Tuesday evening, July 2, Rev. James Muir officiating.

The event was a home affair, none but the immediate relatives attending, with the exception of H. R. Standard who acted as best man. Miss Marian Buckley, sister of the bride, was the bridesmaid.

Mrs. Costello has been a resident of Wasco about a year, but in that short time has made many friends, being prominent in church and musical circles. Mr. Costello comes from the southern part of the state and took the management of the Standard Oil station about six months ago.

NEIGHBORLY AMENITIES

Maid (from next door): Mr. Jones sends his compliments, and would you please shoot your dog, as it keeps him awake.

Mr. Snapp: Give my respects to Mr. Jones and tell him I shall greatly be his debtor if he will poison his daughter and burn her piano.—Boston Transcript.

THE SIERRA MADRE NEWS

GEORGE B. MORGRIDGE - Editor and Publisher

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OFFICIAL NEWSPAPER OF THE CITY OF SIERRA MADRE

IT'S UP TO THE LEGISLATURE

Recent revelations of the character of the business done by the loan sharks in Los Angeles brings to mind the fight that has always been made against anti-usury laws before the California legislature. The argument was the same as is always advanced in defence of legalized crookedness and vice—"It will hurt business." And enough legislators have fallen for the argument to beat the reform. When the legislature meets again a bill with "teeth" will be presented. No candidate ought to be permitted to survive the primaries who will not pledge himself to work and vote for such a bill.

"Hurrah! I hear the reveille—
I love to hear it summon me;
I love to get up mornings, too;
I do, I do—like hellidoo!"

ONE THING TO GET OUT OF IT

God pity the weasel who comes out of this war richer than when he went into it. We have only this right—to come out of the war better business men and patriots just to the extent that we have helped to win the war and have profited by its lessons.

SEND HIM THE WHEREWITH

If you want to make your soldier boy in France happy, don't worry because you are not permitted to clutter up the ocean shipping with packages. Send him a little spending money. Almost everywhere the boys can buy confections and the little luxuries that army fare does not provide. In many cases American made goods are sold to the boys by the Y. M. C. A., at cost and at prices about equal to the prices in this country. You can send United States Post Office money orders to men in the American service just the same as sending money orders in this country.

TIME TO SETTLE IT NOW

Now that the heat of the discussions of a few months ago is past, we can look at the matter more coolly. Let's just kick the German language out of this country once and for all and have it over with!

HAVE THEY LEARNED THEIR LESSON?

We don't hear so much of that "yellow dog" stuff as we did a few months ago. Many a false rumor has been scotched and a careless gossip made more cautious by that simple little question: "How do you know?"

SONS OF THE MIGHTY

Hemet News: Wearing the uniform of their country's army are the sons of three Presidents—Cleveland, Roosevelt and Taft. The last to enter was the only son of the idol of the Democratic party, the man whose motto was "A public office is a public trust." What held him back until now was his age. Freed from scholastic trammels, Richard Folsom Cleveland is today a private in the marines, the "leathernecks," who gave the Teutons a taste of American fighting at Chateau-Thierry. Charles P. Taft II entered as a private in the infantry and is now a sergeant major on the fields of Flanders. The three sons of Roosevelt are on the fighting line there as well. What an inspiration there is in this sight! Sons of Presidents and sons of day laborers stepping together in the same file, drinking from the same canteen and sharing the same lowly tent bed. Vehicle for sorrow, misery, suffering and death, war is yet a great leveller, a mighty teacher of true brotherhood.

From the South comes the same story of the meeting in camp, under the old flag, of the descendants of Lee, Johnson and Forrest, leaders of the lost cause that fell when the Stars and Bars were lowered at Appomattox. Sons of Confederate veterans are keeping step with the sons of Federal veterans while life and drum shrill and thump out "Dixie" and "The Star Spangled Banner." One's hand unconsciously creeps upward to remove his hat and the moisture comes into his eyes as this wonderful panorama of mighty democracy sweeping onward to the mighty battle for human liberty passes before him. To the lips, almost unbidden, come the beautiful lines of the Southern poet:

"Then here's to the Blue and the Gray as one,
When we meet on the fields of France,
May the spirit of God be over us all
As the sons of the Flag advance!"

WE ARE COMING TO IT IN AMERICA

The war will be worth while if this country learns the lesson embodied in this bit of news from France: "Because of the urgent necessity of cultivating every acre of land, French Chamber of Deputies has unanimously passed a bill permitting neighboring farmers to till land neglected by the owner. Wherever owners, holding land for speculation, or through indifference, interfere with the national food supply by allowing the land held by them to lie fallow, adjoining farmers, upon application to proper officials, will be authorized to plant and harvest it. 'Adopted as a war-time policy in France,' says Raymond Clapper, 'it may be expected that the necessity for thus preventing land waste even in peace time will be seen clearly, and that one more form of economic waste will be permanently destroyed.'"

Sierra Madre Hardware Company

We Close Saturdays at 12 o'clock During July, August and September

Seashore



Mountains

VACATION TIME

Is here again and many of us are planning to spend a goodly portion of that time at one of the numerous seaside resorts — while others will prefer the mountains.

In either case, the PACIFIC ELECTRIC RAILWAY offers unexcelled service to seaside resorts and direct connections to many mountain camps.

Ask for Special Folders

Pacific Electric Railway

Charter No. 8707

Reserve District No. 12.

Report of Condition of the FIRST NATIONAL BANK

At Sierra Madre, in the State of California, at the close of business on June 29th, 1918

RESOURCES	
Loans and discounts	\$131,156.15
Overdrafts, unsecured	24.65
U. S. bonds (other than Liberty Bonds but including U. S. certificates of indebtedness)	
U. S. bonds deposited to secure circulation	\$ 25,000.00
U. S. bonds and certificates of indebtedness owned unpledged	2,000.00
Liberty loan bonds:	
Liberty loan bonds, 3 1/2 per cent and 4 per cent, unpledged	\$ 9,500.00
Payments actually made on Liberty 4 1/2 per cent Bonds (Third Liberty loan)	500.00
Bonds, securities etc. (other than U. S.):	
Bonds and securities pledged as collateral for State, or other deposits (postal excluded) or bills payable	\$ 13,495.00
Securities other than U. S. bonds (not including stocks) owned unpledged	25,977.04
Collateral Trust and other notes of corporations issued for not less than 1 year nor more than 3 years' time	9,000.00
Stock of Federal Reserve Bank (50 per cent of subscription)	900.00
Value of banking house	15,000.00
Furniture and fixtures	6,500.00
Lawful reserve with Federal Reserve Bank	12,489.36
Cash in vault and net amounts due from other national banks	21,096.98
Net amounts due from banks, bankers and trust companies other than above	35.12
Total of items 14, 15, 16, 17 and 18	\$ 45,285.32
Checks on banks located outside of city or town of reporting bank and other cash items	394.61
Redemption fund with U. S. Treasurer, due from U. S. Treasurer earned but not collected, approximate, on notes and bills receivable not past due	\$1,000.00
War savings certificates and Thrift stamps actually owned	1,269.25
TOTAL	\$275,588.16

LIABILITIES	
Capital stock paid in	\$ 25,000.00
Surplus fund	5,000.00
Undivided profits	3,202.03
Interest and discount collected or credited, in advance of maturity and not earned (approximate)	\$100.00
Circulating notes outstanding	25,000.00
Demand deposits subject to reserve (payable within 30 days):	
Individual deposits subject to check	119,617.84
Cashier's checks outstanding	10,442.91
State, county, or other municipal deposits secured by pledge of assets of this bank	12,410.38
Dividends unpaid	750.00
Total demand deposits subject to reserve	\$143,221.13
Time deposits subject to reserve (payable after 30 days or subject to 30 days or more notice):	
Certificates of deposit (other than for money borrowed)	9,017.17
Other time deposits	65,147.83
Total of time deposits subject to reserve	\$ 74,165.00
TOTAL	\$275,588.16

State of California, County of Los Angeles, ss:
I, F. W. Nuetzel, Cashier of the above-named bank, do solemnly swear that the above statement is true to the best of my knowledge and belief.
F. W. NUETZEL, Cashier.

Correct—Attest:

C. W. JONES
NATHAN W. TARR
CHAS. S. KERSTING
Directors.

Subscribed and sworn to before me this 5th day of July, 1918.
(SEAL) S. R. G. TWYCCROSS, Notary Public.

FINE JOB PRINTING — THE NEWS PRINTERY